

ARPC announces Reserve Lt. Col. promotions



Air Reserve Personnel Center officials selected seven 445th Airlift Wing members for promotion to lieutenant colonel during their Air Force Reserve Line and Nonline Lieutenant Colonel Promotion Selection Boards.

Results were announced Dec. 28, 2022.

The Airmen selected for promotion were Robert Alwine, 445th Aeromedical Evacuation Squadron; Au-

dric Bills, 445th Airlift Wing; Kimberly Ebel, 445th Aeromedical Staging Squadron; Alan Harmon, 445th ASTS; Jeremy Mary, 89th Airlift Squadron; Kevin Normile, 445th AW; and Aaron Port, 89th AS.

The selection boards convened at ARPC in June to determine those officers best qualified to assume the next higher grade. In total, board members selected 835 of 1629 officers considered.

A complete list of Airmen selected for promotion is available online by visiting the Air Reserve Officer Promotion page on myPers, <https://mypers.af.mil>.

Airmen transition from SABC to tactical casualty course

*By Tech. Sgt. Joel McCullough
445th Airlift Wing Public Affairs*

Hearing the acronym SABC will soon be a thing of the past for not only 445th Airlift Wing Airmen but for the Department of Defense with the Self-Aid and Buddy Care training being replaced by Tactical Combat Casualty Care courses.

To help transition the 445th AW to the new course, a mix of members attended a TCCC course Jan. 8 in Hangar 4026, including security forces, civil engineer and aerial port.

Senior Master Sgt. Sean Smith, the 445th Aeromedical Staging Squadron superintendent, compiled a team from ASTS and the 445th Aeromedical Evacuation Squadron to teach, demonstrate and evaluate members on the subject.

Airmen learned techniques to be used in combat environments and how to properly use quick response equipment in those scenarios.

"It's a good class and very interesting," Smith said.

One of the first statistics Airmen learn during TCCC is that most casualties die before reaching medical professionals. The main goal of the course is to bring preventable deaths down to zero with four tiers of training that can be taken.

The January training covered Tier 1 which is designed for all service members. The other three tiers build on each other and are based on the service member's skillset and position in medical training.

Topics covered in the course include first aid kits, rapid casualty assessment, basic care and identifying head injuries. Topics were broken down into five life-saving skills and three phases.

The skills consist of rapid casualty assessment,



Photo by Tech. Sgt. Joel McCullough

Tech. Sgt. Jake McCorkle, left, 445th Security Forces Squadron, wraps a pressure bandage around a wounded leg prosthetic while Tech. Sgt. Anthony Pasley, right, 445th Aeromedical Staging Squadron medic, holds it steady.

tourniquet application, hemostatic dressing, pressure dressing and airway maneuvers. The phases consist of care under fire or threat, tactical field care, and tactical evaluation.

The acronym MARCH was used to teach the skills portion of the training.

M: Massive bleeding. Students learn to identify the need for a tourniquet, dressing, pressure bandage or none of the above. The combat application tourniquet is found in standard medical kits, and students learned to look for bright red blood as a sign of severe

Tips to ski safely this winter season

By Master Sgt. Joe Klimaski
445th Airlift Wing
Occupational Safety & Health

Ah yes, we're finally in the midst of winter. Oktoberfest has come and gone. The holidays have passed but snowboarding and skiing season is finally here! Yep, I get it, the Midwest isn't exactly the mecca of snow sports, but it's easy to hop on a quick flight to enjoy the slopes out West or head up to Michigan.

If you're anything like my family, we make it a point to take a snowboarding trip out to Montana every year. There's nothing like spending a full week in the Montana mountains with fresh powder and massive terrain that's virtually impossible to ride in just one week.

However, with all the thrills comes a laundry list of inherent risks and potential dangers that require controls to avoid injury and

stay safe on the slopes.

Starting with the obvious, personal protective equipment and appropriate safety equipment is a must. Head injuries are an unfortunate yet common occurrence on the mountain, and snow blindness is the real deal.

While you may not look hip in a helmet, had Sonny Bono been wearing a helmet in 1998 at Lake Tahoe, he'd most likely still be here today. Helmets and goggles (to avert snow blindness) unquestionably preserve visibility and are vital on the mountain, as snowboarders and skiers can be largely erratic and unpredictable.

If you're a back country snowboarder or skier, ensure you carry a day pack with necessary supplies like extra layers/clothing, food, water, flashlight, taglines, fire source, e-tool, probes and a transceiver/avalanche beacon, as you never

know what could or will happen in the backcountry.

The mountains and Mother Nature are completely unpredictable and can be deathly unforgiving. I've personally had friends fall into tree wells in the Montana backcountry, and if we did not have the necessary recovery equipment, disaster would have occurred.

Also, remember the "3 Rules of the Snow" when riding or skiing:

- 1) Always look before you turn
- 2) Turn in the opposite direction to avoid collisions
- 3) The lower rider/skier has the right of way.

Finally, and probably the most important tip to remember, never ride or ski outside your level of experience, and always ride or ski with a buddy.

For questions or more information, contact the 445th Airlift Wing Safety Office at (937) 257-5767.

Self love key to healthy relationships

By Vera Ensalaco
445th Airlift Wing Director of Psychological Health

February brings Valentine's Day, and along with that, thoughts of matters of the heart and relationships. However, research finds a healthy relationship with yourself can improve your mental well-being, enhance connections with others and correlate to increased productivity.

When your focus is on having a healthy relationship with yourself, you are aware of your strengths and positive qualities. Your self-esteem and self-worth are improved as you are aware of what you have accomplished, who you are and what you bring to those around you.

When attention is being channeled in this fashion, not only does your mental and emotional well-being benefit, so does your physical and social health.

Self-talk is important as that is the voice you hear most through each day. When this is positive, self-confidence is increased which can ease stressors and subsequent anxiety or depressive moods. When negative self-talk happens, this can increase the correlating negative emotions such as shame or anger.

As things happen throughout the day, ask yourself

if you are handling things the way you would ideally like to be perceived. Are your reactions in line with your values? Negative thoughts are natural, and they have a place. They can remind of a situation that has occurred in the past that perhaps had a negative outcome or was dangerous.

However, it's important to focus on the positive to remind us we have the strength and fortitude to persevere.

Spending some time alone, even at short intervals, can aide in giving space for self-awareness. During this time, focus on core beliefs and values – what you want or don't want in your life and current challenges, as well as short- and long-term goals.

When we have a good relationship with ourselves and engage in self-care, it lays the foundation for having healthy relationships with others professionally and personally.

American author Dan Millman once said, "You don't have to control your thoughts. You just have to stop letting them control you." We can't control our first thought, though we can control how we react to it.

If you are struggling, consider talking with a professional in your area. If you don't know where to look, contact me for resources at vera.ensalaco@us.af.mil.

Reserve Airman selected as Trooper of Year at local post

By Amanda Dick
445th Airlift Wing Public Affairs

With headlights on and overhead lights still flashing blue, an Ohio State Highway Patrol trooper sits in his cruiser finishing notes from the traffic stop he just conducted.

Once done, the trooper clicks his seat belt in place – seconds later, he feels like a bomb went off as everything goes dark, and he's tossed around in his cruiser.

Once settled but feeling disoriented, the dashboard lights come back on, and he calls for help from emergency services over his radio.

The trooper squeezes out of the door of his cruiser and rushes to the car that hit him, but he can't see anything due to smoke and airbag propellant filling the inside of the vehicle.

As he pries the door open to get to the driver, the trooper provides what support he can and waits for emergency services to arrive as he feels the driver's life begin to drift away.

The trooper sustains minor injuries, and four months later while conducting a traffic violation stop, he hears a crash behind him, turning to see a Jeep coming toward him as it's pushed by a semi, smoke billowing off the tires. The trooper runs toward the nearby fence, narrowly escaping as the Jeep collides with his cruiser.

While this might seem like an episode of a current cop show, these were two back-to-back incidents in 2021 for Trooper Ryan LaMarr, who was selected as the 2022 Trooper of the Year for the Wapakoneta Post, which covers Auglaize and Mercer Counties in Ohio.

"Nominees are judged on team leadership, followership, ethical decision making, and how much they go above and beyond what average troopers do day-to-day," said Lt. John Westerfield, Wapakoneta Post post commander.

LaMarr's selection came down to his character.

"I think it has a lot to do with who Trooper LaMarr is," Westerfield explained. "Ryan is one of those guys who is the first to be of help and the last to leave the post. He is a likeable guy who cares and wants everyone to succeed. I think that comes over from his military training. He's just a genuine, good guy to work with."

LaMarr, who is also a Reserve Citizen Airman with the 445th Airlift Wing at Wright-Patterson Air Force Base, joined the highway patrol in 2010 and graduated from the academy the following year.

He credits his dad's best friend as a reason for becoming a trooper.

"He always had a presence about him," LaMarr explained. "It was something I couldn't really put my fin-

ger on, but I knew things were OK with him around, and I wanted to be like that ... To have that presence that you are the one to restore order regardless of the situation was something I knew I could do."

LaMarr's job varies from day-to-day based on what happened on previous shifts, preparation for court appearances, current traffic complaints and more.

"We are a proactive organization and pride ourselves on being a self-starter, looking to reduce crash-causing violations," the Wapakoneta High School graduate said. "You never know what you will find on a simple traffic stop: impaired drivers, guns, drugs, stolen property, wanted fugitives, abducted children, domestic violence victims, medical emergency -- the list goes on."

While there are memorable events over his career, LaMarr said it's the people who really make a lasting impact.

"I am proud of the troopers I work with and the work they do," he explained. "They do an incredible job under tough conditions. I am proud of their dedication, their sacrifices and their support of the Air Force."

The typical schedule for a trooper looks like many jobs in the Air Force – three shifts covering 24 hours, 365 days a year on weekends and holidays – but that might be where the similarities end.

"These are two different worlds," he said.

LaMarr explained the Air Force operates as a team, working together to complete the mission. However, the job of a trooper is normally a lone job, dealing with the public. Many times, situations must be dealt with immediately with no time to consult a team or policy. Because of this, he can relate to his fellow security forces Airmen who man gates or patrol in extreme hot and cold temperatures.

"This can be humbling, and I think it keeps me grounded," the trooper said. "As a senior leader in the Air Force, I find it important to never lose that understanding and knowing what you are asking of your



Courtesy Photo

See T.O.Y., Page 8



SPOTLIGHT

Rank/Name: Tech. Sgt. Jacob Taylor-Hill

Unit: 445th Maintenance Squadron

Duty Title: NCO in charge of convention maintenance - munitions flight "AMMO"

Hometown: New Paris, Ohio

Civilian Job: Air Reserve Technician; Owner - HillTop Timber Works (sawmill, knife-making and woodworking)

Education: Associate of Applied Science in munitions system technology and a Bachelor of Science in emergency management and homeland security. Currently completing a Master of Divinity degree with a focus in chaplaincy at Liberty University.

Hobbies: At the center of my world lies my faith, and my wife and four children. I also enjoy volunteering and giving back through chaplaincy and

counseling services.

Career Goal: I look forward to being "retirement eligible" in five more years. Beyond military service, I hope to grow my business and incorporate it into our family farm.

What do you like about working at the 445th? The people – developing and building relationships that will continue long after military service has ended.

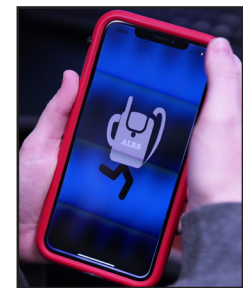
Why did you join the Air Force? Youthful ambitions of surpassing an elder brother in rank and enjoying his salute drove me to join, but the camaraderie encouraged me to stay.



Photo by Master Sgt. Patrick O'Reilly

ALRS app streamlines UTA lodging reservations

Reserve Citizen Airmen now have a new way to make lodging reservations for unit training assemblies. Commuting reservists can make UTA reservations from the Automated Lodging Reservation System app. Airmen will also be able to request lodging for other duty statuses on dates other than the UTA.



To use the app, Airmen must provide their cell phone numbers to the Services Office in building 4014, room 175 or via email at 445aw.fsv@us.af.mil, so the information can be entered into the system.

The free ALRS app can be downloaded from Android, Google Play or iPhone app stores. Service members must have a smart

phone and be willing to accept text messages fees and data charges.

The app will issue users a mobile identification number to set up a personally identifiable number during their first log in.

From the booking screen, reservists can call, view the map and get directions to the hotel. They can also cancel their reservations from the app. When cancel-

ling a reservation, Airmen need to cancel both nights individually.

Users can view their reservation for two upcoming UTAs.

Members currently registered in ALRS with cell phone numbers, will receive a text message with instructions to enroll in the mobile app. It is highly recommended Airmen download/set-up the app in advance to ease the process.

ALRS reminders:

- The reservation request cutoff remains the same: 10 days prior at noon.

- Rescheduled UTAs can be requested in the ALRS app, but Airmen must provide the Services Office with a 40A.

- Annual tour and other duty statuses that are in conjunction with the UTA may also be requested in the ALRS app, but pay documentation must be provided.

- Cancellations can be made through the ALRS app, but Airmen must still call the assigned hotel to verify. No show letters are sent to unit commanders.

The call-in system is still available; however, the number has changed to (937) 668-9352.

Please contact the Services Office at (937) 656-0708 if you have questions.

Wing announces 4th Quarter CY 2022 award winners



First Lt. Abigail Barge, 445th Force Support Squadron sustainment services flight commander, is the 445th Airlift Wing Company Grade Officer of the Quarter. Barge supervised the Fit-to-Fight program with more than 350 fitness tests conducted in less than three months with 83% of the fitness assessment cell deployed. She was key to military personnel flight operations during a time when there were three vacancies, two deployer positions back-filled with two traditional reservists and a new senior enlisted leader was integrated to the flight that resulted in continued service for more than 2,000 members. Barge joined the base honor guard team, accomplishing 62 hours of training; and participated in five funerals. She piloted the Numbered Air Force-level yearly award where she spent more than 30 hours working on the 445th AW Raincross package and citation involving 16 units and recognizing over 1,500 Airmen.



Master Sgt. Rebecca Zimmerman, 445th Logistics Readiness Squadron logistics plans, NCO in charge, is the 445th Airlift Wing Senior NCO of the Quarter. Zimmerman identified an LRS AFRC-manpower determinant workload factor error in 16 wings and 21 unit manning document positions. Zimmerman guided the validity of more than 2,000 Air and Space Expeditionary Force Indicators where she corrected 186 records and ensured 100% of the members were aligned with unit type code requirements, surpassing Headquarters Air Force's 90% standard. The senior NCO managed support agreements for two wings, overseeing six host-tenant support agreements, 20 Memorandums of Agreement and Understanding and spent 11 hours with 29 organizations, ensuring critical support was received for 44 units. Zimmerman served as the booster club treasurer where she managed a budget of more than \$2,000 and helped raise more than \$1,800.



Staff Sgt. Sarah Maher, 445th Operations Support Squadron aircrew flight equipment technician, is the 445th Airlift Wing NCO of the Quarter. Maher is a recent U.S. Army Parachute Rigger Course honor graduate, where she obtained critical certificates in a joint course with a 99.8% academic average. She solved budget restraints, completed BA-30 parachute training and developed a lesson plan for the 445th AW that was used Air Force-wide. Maher developed and executed a new aircrew flight equipment tool accountability system, condensing the critical component list that increased the inspection efficiency by more than 20%. Maher completed a Bachelor of Science degree in Homeland Security and Emergency Management, thus enhancing her managerial roles and leadership skills. She was selected for temporary duty to train Air Force Reserve Command's largest AFE shop at March Air Reserve Base in California.



Senior Airman Andrew Blanton, 445th Civil Engineer Squadron driver operator, is the 445th Airlift Wing Airman of the Quarter. Blanton deployed in support of Operation Spartan Shield where he helped support approximately \$4 billion in assets. He was the hazardous materials program lead, conducting 12 inspections in 15 hours and was able to identify 12 life safety hazards. Blanton completed 35 emergency work orders for 27 facilities in 30 hours, saving \$176,000 in maintenance repairs. He attained National Registry Emergency Medical Technician certification, earning 120 lecture hours and 48 field hours; a 100% compliant mission critical training. The Senior Airman mastered the Department of Defense/International Fire Service Accreditation Congress Fire Instructor I career development course and led three classes for three hours with 23 students, increasing fire department emergency capabilities by 15%.



445th Civil Engineer Squadron: Building foundation of airpower

By Staff Sgt. Ethan Spickler
445th Airlift Wing Public Affairs

From electrical work to carpentry, construction to disaster preparedness, Air Force civil engineers maintain critical infrastructure and provide necessary problem-solving skills and a wide range of capabilities that enable airpower worldwide.

At Wright-Patterson Air Force Base, the 445th Civil Engineer Squadron leverages the diverse skillsets of its Airmen to maintain readiness at home and tackle challenges abroad.

Recently, the 445th CES demonstrated their support capabilities by completing multiple training scenarios that included simulated firefighter training and an exercise using a bivouac, or a temporary encampment with little cover from enemy forces.

“Exercises like this showcase our ability as engineers to perform core capabilities, and that enables us as combat Airmen to support power projection platforms in a contingency environment,” said Maj. Jefferson Sweet, the 445th CES operations flight commander.

“Setting up a tent city, laying down basic power and electrical wiring from primary to secondary power

distribution, creating a refuel plan, etc., these are all things we need to know to perform our duties in a wartime environment,” Sweet continued. “Many of our younger airmen got the opportunity to put their hands on live equipment that we would use in the field if/when we deploy.”



Courtesy Photo

Airmen with the 445th Civil Engineer Squadron build up a bivouac during recent training. The tent city demonstrated civil engineers' knowledge and ability in an austere location.

Civil engineers are required to be proficient in multiple disciplines and are continuously sharpening their skillsets through training and real-world application.

“When we go overseas, we need to be able to perform at every level,” said Staff Sergeant Cale Garman, a 445th CES structural craftsman. “A lot of our time is spent training and learning new ways to tackle challenges. It requires a lot of work to be able to build something from nothing, and we have to be able to meet the expectations and needs of the Air Force.”

The success of the mission requires leadership at many levels, and CE Airmen take their ability to contribute to the engineering team’s efforts seriously.

“We are a tight knit group; we watch out for each other,” said Tech Sgt. Tyler Deckard, a 445th CES structural craftsman. “We have to work as a team to be effective, and that mindset permeates every aspect of what we do.”

Annual awards banquet details

The 445th Airlift Wing Annual Awards Banquet will be held March 11 at the National Museum of the United States Air Force. The reception is slated to begin at 6 p.m. and the program at 7 p.m.

A medallion ceremony will be held at 5 p.m. to recognize all nominees.

The awards banquet will recognize those selected for Airman, NCO, senior NCO, company grade officer, first sergeant, field grade officer, recruiter, honor guard member, civilian, spouse, youth and squadron of the year.

Please use the link in the UTA

Happenings email to RSVP. Reservations made using cash and check payments must be made in person in the Public Affairs Office, building 4010, room 171. All reservations must be received by Feb. 13.

The cost is \$50 for adults and \$16 for children 10 and under.

To ease the check-in process, all attendees will have assigned tables. Unit tables will be designated. If you’d like to sit with someone who is not registered as your guest, please let us know via email at 445aw.pa2@us.af.mil no later than Feb. 19.

The dress for the evening is

semi-formal or mess dress for enlisted Airmen, mess dress for officers, and formal evening attire for civilians.

Nominations needed/Package due date

Airmen and civilian employees are encouraged to submit nominations for spouse, youth, field grade officer and civilian of the year.

Nominations should be submitted on an Air Force Form 1206 to 445aw.pa2@us.af.mil and include a photograph. Submissions are due Feb. 4. For questions, please contact the Public Affairs Office at 937-257-5784.

News Briefs

Spouse Summit

The 445th Military Spouse Summit will be April 1 from 8:30 a.m. to 3:30 p.m. at the Wright-Patterson USO auditorium. The focus will be Resilient Families. Full details and registrations information coming soon. Email 445fss.af.mil for direct questions.

CGO meeting

The next Company Grades Officer meeting will be held Feb. 5 at 10 a.m. in the building 4014 auditorium. The topic will be the Reserve School Selection Board process.

Newcomers

Maj Philip Becker, 89 AS
Maj Russel Maroni, ASTS
Capt Alexander Berger, 89 AS
Capt Eric Dolan, MXS
Capt Pauletta Hummel, AES
SrA Sanjay Daley, 87 APS
SrA Benjamin McKether, LRS
A1C Demonte Autry, CES
A1C Thomas Cornelison, AMXS

Retirements

MSgt Jacob Crafton, MXS
SMSgt Franklin Williams, AW
CMSgt Alan Baker, CES
CMSgt Scott Luff, ASTS

Promotions

Master Sergeant
David Smart, AMXS

Technical Sergeant
Joshua Knouff, AW
Michelle Logan, AMDS
Marsell Moody, AMXS
Dale Sheridan, AMXS

Staff Sergeant
Amelia Gillies, AW
Travis Jones, 87 APS
Austin Lewis, AMXS
Caleb Menezes, SFS
Tommy Pham, SFS
Joshua Roblesestrella, AMXS

Senior Airman
Darien Anderson, AMDS
Braeden Dunlap, AMXS
Cleansman Iguade, ASTS
William Lugo, ASTS
Katelyn Steele, AES

Airman 1st Class
Kyleeann Engle, MXS
Alexander Hall, LRS

Dorian Poling, CES

Airman
Destiny McNeal, 87 APS
Nicole Miller, AES

Buckeye Flyer

445th Airlift Wing
Editorial Staff
Col. Raymond Smith Jr.
Commander

Lt. Col. Cynthia Harris
Chief, Public Affairs

Stacy Vaughn
Amanda Dick
Public Affairs Specialists

Patrick O'Reilly
Public Affairs Assistant

5439 McCormick Ave.
WPAFB, OH 45433-5132
Building 4010, Room 171
937-257-5784

445AW.PA2@us.af.mil

This funded Air Force Reserve newspaper is an authorized publication for members of the U.S. military services. Contents of the Buckeye Flyer are not necessarily the official views of, or endorsed by the U.S. Government, Department of the Air Force or Department of Defense. Editorial content is edited, prepared, and provided by the 445th Airlift Wing Office of Public Affairs. Photographs are U.S. Air Force photographs unless otherwise indicated.

U.S. Government Printing Office
500001-445AW

Around the wing ...



Senior Airman Stanley Fairchild stands by as Senior Airman Max Shircliff Jr., both 89th Airlift Squadron loadmasters, jumps off a Coast Guard boat into the water at North Island Naval Air Station, San Diego, Calif., during water survival training Jan. 19, 2023. Over 150 Airmen participated in training Jan. 18-23, 2023.



Photos by Patrick O'Reilly

The Honorable Gina Ortiz Jones, Under Secretary of the Air Force, meets with 89th AS Airmen during her visit to Wright-Patterson Air Force Base, Ohio, Jan. 9, 2023. The Airmen were part of the aircrew of Reach 828 and delivered the first Afghanistan baby, Reach, onboard a C-17 Globemaster III during the evacuation in August 2021.



TCCC, from page 1

bleeding. With hands-on training, the students also learned where to put a tourniquet and how tight to crank it down.

“High and tight,” was how Tech. Sgt. Anthony Pasley, a 445th ASTS medic, described the application of a tourniquet. Pasley partnered with Staff Sgt. Jason Lovett, a 445th ASTS biomedical equipment technician, to cover the massive bleeding portion of training.

ARCH: The rest of the acronym stands for airway, respiration, circulation and hypothermia. All of these aspects were covered by Maj. John Battista, a 445th AES flight nurse, and Tech. Sgt. Jeromy Bacher, a 445th ASTS biomedical equipment technician.

The two covered opening an airway with a head or chin tilt, and/or a jaw thrust. The airway techniques led into respiration and the importance of recognizing signs of bad respiration. The duo spent time teaching the identification and treatment of shock and hypothermia as well. Massive blood loss can lead to both.

Capt. Amanda Hostetter, a 445th AES flight nurse, and Staff Sgt. Taylor Fife, a 445th AES flight medic, covered eye wounds, head wounds, filling out a Tactical Combat Casualty Care Card, or DD Form 1380, burns and fractures.

At the end, students were broken into four groups and rotated through practice and evaluation

stations.

The first station focused on airway maneuvers with a prosthetic head, while the second station focused on practicing stuffing wounds with hemostatic dressings and using pressure bandages on a prosthetic limb. At the third station, students properly applied a tourniquet on each other and moved to the last station after evaluation where they practiced checking for chest wounds and applying a pressure tourniquet and bandage to a leg wound.

All service members must complete the training within 12 months of deployment. The next TCCC training is scheduled for the February unit training assembly.

T.O.Y. from page 3

Airmen.”

His civilian job also helps his Air Force career in other ways.

“The fortitude learned as a trooper has served me well and given me a unique perspective,” he said. “That vision, I carry into staff meetings and can present information on behalf of our members that may help them complete a task or increase efficiency.”

LaMarr, the 445th Security Forces Squadron operations superintendent, joined the Air Force Reserve and went to Basic Military Training in June 2001, a few months before the world-changing 9/11 events.

He was activated for two years in support of 9/11 where he backfilled at McConnell AFB, Kansas, and met Chief Master Sgt. James Kirklin, then a senior airman, who is also with the 445th SFS.

“I’ve known him to be one of the most trustworthy and truly dependable people I’ve met during my Air Force career, someone I would trust my own family

with if they were to serve,” said Kirklin, security forces manager.

He added LaMarr hasn’t lost those qualities over the years and wasn’t shocked when hearing about his selection as a Trooper of the Year.

Like many who entered the military, LaMarr joined because he couldn’t afford to attend college. His eyes were set for the U.S. Army Military Police, but his cousin, retired Staff Sgt. Randy LaMarr, encouraged him to check out U.S. Air Force Security Forces.

LaMarr has held a variety of positions during his nearly 22 years such as squad leader, fire team leader, supply, first sergeant and more.

“I learned a lot in each position, and that has really helped me as I became a part of squadron leadership,” the senior master sergeant said.

Visit website for full story



445TH AIRLIFT WING/PA
BUILDING 4014, ROOM 113
5439 MCCORMICK AVE
WRIGHT-PATTERSON AFB OHIO 45433-5132

FIRST CLASS MAIL
POSTAGE & FEES PAID
USAF PERMIT NO. 1161

